

Public policy and the old age revolution in japan Ebook

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Japan is experiencing an unprecedented demographic transformation characterized by a rapidly aging population and declining birthrates. This demographic shift has profound implications for the nation's economy, social systems, and overall societal structure. Central to managing this transformation are public policies designed to address the challenges and harness the opportunities of the old age revolution. This article explores the scope of Japan's aging phenomenon, the public policy responses implemented, their effectiveness, and future prospects.

The Demographic Landscape of Japan's Aging Population

Current Demographic Trends

Japan is the world's most aged society, with over 28% of its population aged 65 and above as of 2023. This figure is projected to reach nearly 35% by 2040. Key statistics include:

- Population decline from approximately 128 million in 2010 to an estimated 105 million by 2050.
- Low fertility rate of around 1.3 children per woman, below the replacement level of 2.1.
- Increase in life expectancy, now averaging 84 years for women and 81 years for men.

Impacts of Demographic Changes

The aging population impacts various facets of Japanese society:

- Labor Shortage: Declining working-age population hampers economic growth.
- Healthcare and Social Security: Greater demand for healthcare services and pension payouts strains public finances.
- Urban and Rural Divide: Rural areas face depopulation, affecting local economies and community life.
- Intergenerational Dynamics: Increased dependency ratios create financial and social pressures on working-age individuals.

Public Policy Responses to Japan's Old Age Revolution

Policy Frameworks and Strategic Initiatives

Japan's government has implemented comprehensive policies aimed at mitigating the adverse effects of population aging, promoting active aging, and ensuring sustainable social systems.

1. Pension System Reforms

To sustain pension schemes, reforms include:

- Increasing the retirement age gradually from 60 to 65 and beyond.
- Adjusting pension benefits to reflect economic realities.
- Encouraging private pension savings to supplement public schemes.

2. Healthcare System Enhancements

Policies focus on:

- Expanding long-term care insurance to cover more elderly individuals.
- Promoting community-based care models to reduce hospital burdens.
- Integrating technological innovations like AI and robotics for elder care.

3. Promoting Active and Healthy Aging

Strategies aim to:

- Encourage lifelong learning and social participation among seniors.
- Develop employment opportunities tailored for older workers.
- Support volunteerism and community engagement initiatives.

4. Labor Market Reforms and Immigration Policies

Given the shrinking workforce, policies include:

- Implementing labor reforms to increase participation of women and older individuals.
- Introducing specialized training programs for seniors.
- Gradually opening doors to foreign workers through visa adjustments and work programs.

Innovative Approaches and Pilot Programs

Japan has pioneered several innovative solutions:

- Robotics and AI-assisted caregiving to reduce labor shortages.
- Smart city initiatives that enable aging in place through technology.
- Community-based health programs emphasizing preventive care.

Effectiveness and Challenges of Public Policies

Achievements

Some notable successes include:

- Increased employment of seniors, with many working beyond traditional retirement age.
- Expansion of home and community-based care options.
- Advancements in elder-friendly technology and infrastructure.

Persistent Challenges

Despite progress, challenges remain:

- Population decline continues, threatening economic stability.
- Rural depopulation hampers equitable service delivery.
- Financial sustainability of social security systems is under strain.
- Integration of foreign workers raises social and cultural considerations.

The Future of Japan's Old Age Revolution and Public Policy Directions

Potential Policy Directions

To navigate future challenges, policymakers are considering:

- Enhancing fertility rates through family-friendly policies, including childcare support and work-life balance measures.
- Expanding immigration policies cautiously to supplement the workforce.

- Investing in technological innovations for healthcare and elder support.
- Fostering regional revitalization to counter rural depopulation.

Role of Society and the Private Sector

Sustainable solutions require collaboration beyond government:

- Private companies can develop age-friendly products and services.
- Community organizations can facilitate social engagement and support networks.
- Individuals are encouraged to adopt healthy lifestyles and active aging practices.

Conclusion

The old age revolution in Japan presents both formidable challenges and unique opportunities. Public policy has played a pivotal role in shaping Japan's response, aiming to create a society where aging is not merely a demographic inevitability but an active, fulfilling phase of life. While significant strides have been made in healthcare, social security, and workforce participation, ongoing innovation and societal adaptation are essential. Japan's experience offers valuable insights for other aging societies worldwide, emphasizing proactive policy design, technological integration, and community engagement as key pillars for sustainable aging in the 21st century.

Public Policy and the Old Age Revolution in Japan

Japan is experiencing a profound demographic shift characterized by an unprecedented aging population, often referred to as the "Old Age Revolution." This transformation is reshaping every facet of Japanese society—from healthcare and social security to the economy and cultural norms. The intersection of public policy and this demographic revolution is critical; governmental strategies aim to address the challenges while leveraging potential opportunities that an aging society presents. This article explores the nuances of Japan's public policy response to its aging population, analyzing its effectiveness, implications, and the broader context of the old age revolution.

Understanding Japan's Aging Population

Japan's demographic landscape has been changing rapidly over the past few decades. As of 2023, approximately 29% of the population is aged 65 and older, making Japan the country with the highest proportion of elderly citizens worldwide. This trend is driven by several factors:

- Low fertility rates: Japan's fertility rate hovers around 1.3 children per woman, well below the

replacement level of 2.1.

- High life expectancy: Japanese women live on average over 87 years, and men over 81, contributing to the longevity factor.
- Declining birthrate and population decline: Combined, these factors lead to a shrinking and aging population.

The social and economic implications of this demographic shift are enormous, prompting urgent policy responses.

Public Policy Initiatives Addressing Aging in Japan

Japan's government has implemented a broad spectrum of policies aimed at managing the aging population's impact. These initiatives can be categorized into healthcare, social security, labor policies, elder care, and innovative technological solutions.

Healthcare and Long-term Care Policies

Given the increasing healthcare needs of an elderly population, Japan has prioritized healthcare system reforms.

Features:

- Universal health coverage ensures all citizens have access to medical services.
- The Long-Term Care Insurance (LTCI) system, introduced in 2000, provides services for those aged 65+ and younger disabled individuals.
- Emphasis on preventive care to reduce the burden of chronic diseases.

Pros:

- Ensures coverage for a large elderly demographic.
- Promotes early intervention and prevention.

Cons:

- Rising costs threaten financial sustainability.
- Overburdened care facilities and workforce shortages.

Social Security and Pension Reforms

Japan faces fiscal pressures in maintaining its pension system amid a shrinking workforce.

Features:

- Gradual increase in the pension eligibility age.
- Pension benefits are adjusted to reflect demographic realities.
- Promoting private retirement savings through tax incentives.

Pros:

- Enhances financial sustainability of the pension system.
- Encourages personal responsibility for retirement planning.

Cons:

- Increased eligibility age may disadvantage some vulnerable groups.
- Pension adequacy remains a concern for low-income elderly.

Labor Market and Active Aging Policies

To counteract shrinking labor forces, Japan has adopted policies to extend working lives.

Features:

- Encouragement for companies to retain older employees.
- Reforms allowing flexible work arrangements.
- Promotion of lifelong learning and re-skilling.

Pros:

- Mitigates labor shortages.
- Leverages experienced workforce.

Cons:

- Age discrimination still prevalent.
- Older workers may face health limitations impacting productivity.

Community and Elder Care Innovations

Recognizing the importance of community support systems, policies foster age-friendly environments.

Features:

- Development of ?Community-based Integrated Care Systems.?
- Promotion of multigenerational housing.
- Increased funding for elder day-care centers.

Pros:

- Supports aging in place.
- Strengthens community bonds.

Cons:

- Implementation disparities across regions.
- Resource constraints in rural areas.

Technological Solutions and Innovation

Japan has been at the forefront of integrating technology into elder care.

Features:

- Use of robotics and AI for assistance and monitoring.
- Smart home systems for safety and health management.
- Telemedicine services expanding access.

Pros:

- Addresses workforce shortages.
- Enhances quality of life and independence.

Cons:

- High costs of advanced technology.
- Resistance among some elderly to adopting new technologies.

Challenges and Criticisms of Japan's Public Policy Response

While Japan's policies are comprehensive, several challenges persist.

Sustainability and Fiscal Burden

The rising costs of healthcare and social security threaten fiscal sustainability. The aging population increases pressure on government budgets, leading to higher taxes or borrowing.

Pros:

- Policies promote long-term planning and reforms.

Cons:

- Risk of fiscal crises if costs continue to escalate.
- Potential for reduced benefits or increased burdens on future generations.

Workforce Shortages and Economic Impact

A shrinking working-age population hampers economic growth, with fewer workers to sustain social systems.

Pros:

- Policies encouraging older employment help mitigate this.

Cons:

- Structural labor shortages remain a concern.
- Economic growth may slow, affecting overall societal wellbeing.

Social and Cultural Challenges

Policies face resistance due to deep-rooted cultural norms around family caregiving and aging.

Pros:

- Shift towards institutional and technological care solutions.

Cons:

- Cultural expectations may hinder policy effectiveness.
- Elderly may resist institutionalization or technological interventions.

Opportunities and Future Directions

Despite challenges, Japan's demographic revolution also offers opportunities for innovation and societal transformation.

Leveraging Technology and Innovation

Japan's leadership in robotics and AI can redefine elder care, making it more efficient and personalized.

Features:

- Increased adoption of AI-powered caregiving robots.
- Development of age-friendly smart cities.

Pros:

- Reduces dependency on human caregivers.
- Promotes independence among the elderly.

Cons:

- Ethical concerns regarding automation.
- Digital divide may limit access for some elderly.

Fostering a Society for All Ages

Policy shifts toward inclusivity and active aging can enhance societal cohesion.

Features:

- Promoting lifelong learning and social participation.
- Designing public spaces accessible to all ages.

Pros:

- Enriches the quality of life for seniors.
- Encourages intergenerational interactions.

Cons:

- Requires cultural shifts and investment.
- Potential resistance from traditional societal norms.

Conclusion

Japan's experience with its old age revolution exemplifies both the challenges and opportunities that demographic shifts pose to public policy. The Japanese government's multi-faceted approach—spanning healthcare, social security, labor reform, community building, and technological innovation—demonstrates a proactive stance. However, sustainability remains a concern, and cultural factors influence policy effectiveness. Moving forward, Japan's ability to adapt, innovate, and foster societal resilience will be crucial in managing the demographic transformation. Its policies serve as both a blueprint and a cautionary tale for other aging societies worldwide. Ultimately, the old age revolution in Japan underscores the need for holistic, inclusive, and forward-thinking strategies to ensure a high quality of life for its elderly citizens while maintaining economic stability and social cohesion.

Question What is the 'Old Age Revolution' in Japan and how is it impacting public policy?
Answer The 'Old Age Revolution' refers to Japan's rapidly aging population, which is prompting significant changes in public policy to address healthcare, pension systems, and social services for seniors. It

challenges the sustainability of existing social support structures and calls for innovative solutions to manage demographic shifts. How are Japanese public policies adapting to the increasing number of elderly citizens? Japanese policies have increasingly focused on promoting active aging, expanding long-term care services, incentivizing elderly employment, and reforming pension schemes to ensure financial sustainability and social inclusion for older adults. What role does technology play in Japan's public policy response to its aging population? Technology is central to Japan's strategy, with policies promoting robotics, telemedicine, and AI to enhance elderly care, improve efficiency, and reduce caregiver shortages, making aging-in-place more feasible and affordable. What are the challenges faced by Japan's public health system due to the 'Old Age Revolution'? Challenges include increased demand for healthcare services, rising costs, shortages of healthcare professionals, and the need for integrated care systems that support chronic disease management and elderly independence. How does Japan's public policy aim to balance economic growth with the needs of its aging population? Policies aim to stimulate economic activity among seniors through employment and entrepreneurship programs, encourage higher birth rates to stabilize the population, and attract foreign workers, all while ensuring social welfare systems remain sustainable. What social policy initiatives has Japan implemented to combat age-related social isolation? Japan has launched community-based programs, senior citizen engagement activities, and technological solutions like social robots and virtual communication platforms to foster social connections and reduce loneliness among the elderly. What future public policy strategies are being considered in Japan to address the ongoing demographic challenges? Future strategies include further pension reforms, increased investment in eldercare infrastructure, policies promoting higher birth rates, and international collaboration to manage demographic shifts effectively.

Related keywords: public policy, aging population, elderly care, Japan demographics, social welfare, pension systems, aging society, health policy, retirement age, demographic transition

UNDERSTANDING PUBLIC LEADERSHIP THE PUBLIC MANAGE

Understanding Public Leadership: How the Public Manages

Understanding public leadership the public manage is a crucial aspect of modern governance and societal development. Public leadership refers to the ability of individuals or institutions to influence, guide, and empower communities towards achieving collective goals. Unlike private sector leadership, which often emphasizes profit and shareholder value, public leadership focuses on serving the public interest, ensuring equitable resource distribution, and fostering social cohesion. The management of the public?be it citizens, communities, or organizations?requires a nuanced understanding of leadership principles, stakeholder engagement, transparency, accountability, and adaptive strategies. This article explores the core components of public

leadership, how it operates in practice, and the ways in which the public itself plays an active role in managing societal progress.

The Foundations of Public Leadership

Defining Public Leadership

Public leadership is the art and science of guiding organizations, institutions, and communities to achieve shared objectives that benefit the society at large. It involves a combination of vision, ethical conduct, strategic decision-making, and community engagement. Unlike private sector leadership, which may prioritize maximizing shareholder returns, public leadership emphasizes service, social justice, inclusivity, and sustainability.

Core Principles of Effective Public Leadership

- **Transparency:** Open communication about policies and decisions to build trust.
- **Accountability:** Holding leaders responsible for their actions and outcomes.
- **Inclusivity:** Ensuring diverse voices and perspectives are represented.
- **Ethical Conduct:** Upholding integrity and moral standards in all dealings.
- **Adaptability:** Responding effectively to changing societal needs and challenges.
- **Collaboration:** Building partnerships across sectors and communities.

Components of Public Management

Governance Structures

Effective public management relies on robust governance structures that facilitate decision-making, oversight, and policy implementation. These include:

- **Public Agencies and Departments:** Specialized units responsible for delivering services.
- **Legislative Bodies:** Elected councils and parliaments that create policies.
- **Judicial Systems:** Ensuring laws are upheld and rights protected.
- **Community Boards and Civic Groups:** Facilitating citizen participation.

Policy Formulation and Implementation

Public management involves creating policies that address societal issues and ensuring their effective execution. This process includes:

- Identifying community needs through data and stakeholder input.
- Designing policies aligned with societal values and priorities.
- Mobilizing resources and personnel for implementation.
- Monitoring outcomes and making adjustments as necessary.

Resource Management

Managing public resources efficiently and ethically is vital. This encompasses:

- Financial management?budgeting, taxation, and public expenditure.
- Human resource management?recruitment, training, and staffing.
- Material resources?facilities, technology, and infrastructure.

Role of Leaders in Public Management

Political Leadership

Political leaders, such as mayors, governors, and legislators, set visions and policies that shape public management. They are responsible for representing the interests of their constituents and making strategic decisions to guide societal development.

Administrative Leadership

Public administrators implement policies and manage day-to-day operations. Their leadership involves ensuring efficiency, compliance, and service quality.

Community Leadership

Community leaders and civil society activists mobilize citizens, advocate for underserved groups, and foster social cohesion. Their role is vital in ensuring the public's voice influences decision-making processes.

How the Public Manages Society

Citizen Engagement and Participation

Active citizen participation is fundamental for effective public management. It ensures policies reflect societal needs and promotes shared responsibility. Forms of engagement include:

- Public consultations and hearings
- Participatory budgeting
- Community forums and town hall meetings
- Online platforms for feedback and dialogue

Community-Led Initiatives

Communities often initiate projects that address local issues, such as neighborhood cleanups, safety patrols, or local entrepreneurship programs. These initiatives demonstrate collective management and ownership of societal challenges.

Volunteering and Civic Responsibility

Volunteerism fosters social bonds and enhances public service delivery. Citizens contribute time and skills towards community development, disaster response, education, and health initiatives.

The Interplay Between Public Leaders and Citizens

Shared Leadership and Co-Creation

Modern public management increasingly emphasizes shared leadership models where citizens and leaders co-create solutions. This approach recognizes that sustainable societal progress depends on collaborative efforts.

Challenges in Public Management

- **Corruption and Mismanagement:** Erode trust and efficiency.
- **Political Polarization:** Impedes consensus and effective governance.
- **Resource Constraints:** Limit the scope of public programs.
- **Engagement Fatigue:** Citizens becoming disengaged due to perceived inefficacy.

Strategies to Improve Public Management and Leadership

- **Enhancing Transparency:** Use of technology for open data and communication.
- **Building Trust:** Consistent, honest engagement with the public.
- **Fostering Inclusivity:** Ensuring marginalized groups have a voice.
- **Capacity Building:** Training public officials and community leaders.
- **Leveraging Technology:** Digital platforms for participation and service delivery.

Conclusion

Understanding public leadership the public manage is about recognizing the dynamic relationship between those who lead and those who are led within society. Effective public leadership requires a foundation of ethical conduct, strategic vision, and inclusive engagement. Meanwhile, the public's active participation and management of societal issues are equally crucial, fostering a culture of shared responsibility and collaborative problem-solving. As societies evolve, the interplay between public leaders and citizens must adapt?embracing transparency, innovation, and inclusivity?to build resilient, equitable, and sustainable communities. Ultimately, the success of public management hinges on this symbiotic relationship, where leadership empowers the public, and the public, in turn, actively manages societal progress.

Understanding Public Leadership the Public Manage: A Comprehensive Guide

In the realm of governance and civic engagement, the phrase "public leadership the public manage" encapsulates a critical aspect of how societies function and evolve. It underscores the importance of effective leadership within public institutions and emphasizes the role that citizens and stakeholders play in managing and shaping public policies, services, and institutions. As governments face complex challenges?from economic shifts to social inequalities?the concept of public leadership becomes ever more vital in ensuring transparent, accountable, and responsive governance. This guide aims to unpack the meaning behind this phrase, explore its core components, and offer insights into how both leaders and the public can collaboratively foster better management of public resources and services.

What Does "Public Leadership the Public Manage" Really Mean?

At its core, "public leadership the public manage" suggests a dynamic interplay between those in positions of authority (public leaders) and the citizens or communities they serve (the public). It emphasizes that effective management of public affairs isn't solely the responsibility of elected officials or government agencies but is a shared endeavor involving active participation, oversight, and collaboration.

This phrase can be broken down into a few core ideas:

- Public Leadership: The act of guiding, influencing, and making decisions within public institutions to serve the common good.
- The Public: Citizens, stakeholders, and communities who are affected by or have a stake in public policies and services.
- Manage: The processes of organizing, overseeing, and improving public resources, institutions, and policies.

In essence, the phrase advocates for a model of governance where leadership is transparent, participatory, and accountable, with the public actively involved in managing and shaping their collective future.

The Role of Public Leadership in Governance

- Defining Public Leadership

Public leadership involves guiding public institutions and initiatives with integrity, vision, and a focus on the public good. Unlike private sector leadership, which primarily aims for profitability, public leadership seeks societal well-being, equity, and sustainable development.

Key attributes of effective public leaders include:

- Visionary Thinking: Envisioning long-term societal benefits.
- Integrity and Ethics: Upholding transparency and accountability.
- Inclusiveness: Engaging diverse voices and stakeholders.
- Adaptability: Responding to changing societal needs.
- Collaborative Skills: Building partnerships across sectors.

- Challenges Faced in Public Leadership

Public leaders often operate in complex environments with multiple, sometimes conflicting, interests. Challenges include:

- Limited resources and budget constraints.
- Political pressures and partisan conflicts.
- Public skepticism or distrust.
- Rapidly changing societal needs.
- Balancing transparency with confidentiality.

- Strategies for Effective Public Leadership

To navigate these challenges, public leaders should adopt strategies such as:

- Building trust through transparency and consistent communication.
- Promoting participatory decision-making processes.
- Embracing innovation and data-driven policies.
- Cultivating ethical standards and accountability mechanisms.
- Engaging with the community to understand their needs.

The Public's Role in Managing Public Affairs

- Active Participation

Citizens are not passive recipients of government services; they are active participants in governance. Their involvement can take various forms:

- Voting in elections and referenda.
- Participating in public consultations and hearings.
- Joining community organizations or civic groups.
- Providing feedback on policies or services.
- Volunteering in public projects.

- Oversight and Accountability

An informed and engaged public serves as a watchdog to ensure that public leaders uphold their responsibilities. Mechanisms for oversight include:

- Public audits and reports.
- Media scrutiny and investigative journalism.
- Civil society organizations monitoring government actions.
- Elected representatives holding officials accountable.

- Co-Creation and Collaboration

Modern governance increasingly emphasizes co-creation, where public managers and citizens work together to design and implement solutions. This approach fosters:

- Better alignment of policies with community needs.

- Increased legitimacy and acceptance of public initiatives.
- Shared ownership of outcomes.

How Public Leadership and the Public Manage Together

Achieving effective governance relies on a symbiotic relationship between leaders and the public. Here's how they can work hand-in-hand:

- Building Trust and Transparency
 - Leaders must communicate openly about policies, budgets, and decision-making processes.
 - Citizens should be provided with accessible information to make informed choices.
 - Trust can be strengthened through consistent, honest engagement.
- Encouraging Civic Engagement
 - Governments can facilitate forums for dialogue and feedback.
 - Educational campaigns can raise awareness about civic rights and responsibilities.
 - Digital platforms can enable broader participation.
- Implementing Participatory Budgeting
 - Allowing citizens to directly influence how public funds are allocated.
 - Empowering communities to prioritize projects that matter most to them.
- Developing Collaborative Governance Frameworks
 - Multi-stakeholder partnerships involving government, civil society, private sector, and citizens.
 - Co-designing policies and programs to ensure relevance and effectiveness.

Case Studies Illustrating Public Leadership and Management

- Participatory Budgeting in Porto Alegre, Brazil

This pioneering initiative demonstrates how citizens can manage public finances directly. Residents participate in deciding how to allocate part of the city's budget, leading to more equitable and responsive investments.

- Civic Tech and Digital Engagement Platforms

Countries like Estonia and Canada have developed digital portals that allow citizens to participate in policy discussions, report issues, and monitor government projects, exemplifying how technology can facilitate public management.

- Open Data Initiatives

Governments releasing data sets on public spending, health, transportation, and more foster transparency, enabling citizens and organizations to analyze and manage public resources effectively.

Building a Culture of Shared Public Management

For "public leadership the public manage" to be effective, societies must cultivate a culture of shared responsibility. This involves:

- Education: Promoting civic education that emphasizes roles and responsibilities.
- Leadership Development: Preparing future leaders with skills in participatory governance.
- Institutional Reforms: Creating frameworks that institutionalize citizen participation.
- Technology Adoption: Leveraging digital tools for engagement and transparency.
- Recognition and Incentives: Rewarding civic participation and innovative public management practices.

Conclusion: Towards a Collaborative Future

Understanding "public leadership the public manage" underscores the necessity of collaboration, transparency, and shared responsibility in governance. In an era marked by rapid change and complex societal challenges, effective public management hinges on the capacity of leaders to inspire trust and mobilize citizens to actively participate. By fostering environments where leadership and public engagement coexist and reinforce each other, societies can build more resilient, equitable, and sustainable public systems.

Whether you're a public official, a citizen, or an advocate for good governance, embracing this collaborative approach can lead to more meaningful, responsive, and effective management of public resources and policies?ultimately serving the common good.

Question What are the key qualities that define effective public leadership? Effective public leadership is characterized by qualities such as integrity, transparency, strategic vision, strong communication skills, adaptability, and a commitment to public service. Leaders in the public sector must also demonstrate accountability and the ability to collaborate with diverse stakeholders. How does public management differ from private sector management? Public management focuses on providing services, ensuring accountability, and serving the public interest, often within complex bureaucratic structures. In contrast, private sector management emphasizes profitability, competitiveness, and shareholder value. Public managers must navigate political considerations and prioritize social outcomes. What role does transparency play in effective public leadership? Transparency fosters trust between public leaders and citizens, enhances accountability, and reduces corruption. It ensures that decision-making processes are open and accessible, enabling the public to scrutinize actions and hold leaders responsible for their performance. How can public managers improve stakeholder engagement? Public managers can improve stakeholder engagement by actively listening to community needs, facilitating open communication channels, involving stakeholders in decision-making processes, and ensuring responsiveness to feedback. Building strong relationships helps to foster trust and collaboration. What are the challenges faced by public leaders in managing public resources? Public leaders face challenges such as limited budgets, political pressures, bureaucratic constraints, and the need for equitable resource distribution. They must balance competing interests, ensure efficient use of resources, and maintain public trust while navigating complex regulatory environments.

Related keywords: public administration, leadership skills, public policy, government management, civic engagement, public sector leadership, organizational management, policy development, public service, administrative strategy

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